

Newsletter – August 2023 Issue

# **Dyslexia and Learning Disabilities**

"Dyslexic kids are creative, 'outside-the-box' thinkers. They have to be, because they don't see or solve problems the same way other kids do. In school, unfortunately, they are sometimes written off as lazy, unmotivated, rude or even stupid. They aren't..."

- Rick Riordan Author of the *Percy Jackson* series

This month, we interview a local expert about what parents can do if they suspect their child is struggling in school.

In a second interview, we talk with a mother about her experience with dyslexia - both for herself and her child.

And last, we share one of our favorite TedTalks for insights into dyslexia's many gifts.

Click below to watch or listen.

### My Child is Struggling in School... Now What?

Kim Maurin, Academic Language Therapist and Executive Function Coach, *Vector, LLC*, Grand Junction, CO.

You get a phone call from your child's school about a possible "learning problem"... What do you do? In this episode, learn about the mindset you need to adopt, how to work with the school's education team, who's in charge of this process, evaluation and intervention options, as well as associated pros and cons, costs, and much more.

To listen/watch, click <u>HERE</u>.



#### Dyslexia: A Family Affair (One Mother's Story)

"Megan", a Colorado mom.

A mother shares her uplifting and inspiring story about what it's like to have dyslexia and its superpowers.

To listen/watch, click HERE.



#### The True Gifts of a Dyslexia Mind

Dean Bragonier, EdTech Space, TEDxTalks

In this inspiring talk, advocate and educator Dean Bragonier offers a different take on dyslexia. By looking at the unique mindset of dyslexics as a strength, Dean reframes a perceived weakness as a powerful tool and teaches us all an important lesson about the power of an open mind and an open heart.

To listen/watch, click <u>HERE</u>.



### What topics do you want to learn more about? Let us know by taking a brief survey.

Click HERE to complete survey.

## **News and Events**

#### Group Therapy

Group therapy and psychoeducational skills groups for individuals with developmental and intellectual disabilities (DD/ID). Group facilitators are trained and experienced therapists who are passionate about helping every individual reach their full potential!

Topics and skill areas include:

- Relationship and Social Skills
- Adaptive Functioning
- Self-Advocacy
- Executive Functioning
- Goal Setting
- Coping Skills
- Emotional Regulation
- Self-Care and Mindfulness



If you or someone you work with is interested, please reach out: Phone: 970-628-5589 email: office@individualmatters.org

Have a wonderful August 2023!

All the best,



Dr. Katrina Katen Clinical Psychologist Andrew Katen Executive Director





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Psychological and Diagnostic Services