

Individual Matters

Discover.
Act.
Grow.

Newsletter — September 2024 Issue

Auditory Processing Disorder

Thank you to all who participated in the [Morning Learning Series](#) at the Next Steps Neurodiversity Resource Fair on August 10th in Grand Junction!

[The IM Learning Institute](#) hosted a series of simulations that helped audience members “feel” what it’s like to have a learning challenge such as **auditory processing disorder**. This was a fun day of connection, learning, and self-growth!



**Central Auditory Processing Disorder:
The Learning Problem You've Never Heard Of**

Dr. Megan Locke, Audiologist & Executive Director of Able Kids Foundation (Fort Collins, CO) recently joined [The Individual Matters Podcast](#) to talk about central auditory processing disorder (CAPD).



This is a must-listen for parents and teachers
— and anyone who works with children!

[CLICK TO LISTEN](#)

[WATCH ON YOUTUBE](#)

Key takeaways:

- - Auditory processing is not the same as hearing. Kids with excellent hearing can have central auditory processing disorder (CAPD).
- - A school hearing test does not assess for CAPD.
- - A school CAPD screener is not sufficient for ruling out CAPD.
- - CAPD evaluation should utilize a complete battery that looks at the entire system.

- - CAPD is often genetic and shared by parents and their kids.
- - CAPD symptoms overlap with ADHD, autism, sensory, and language disorders.
- - A person can have both autism and CAPD (one does not rule out the other).
- - A “quiet” environment may not feel quiet to a person with CAPD.
- - Most kids don’t outgrow CAPD — the struggles continue into adulthood.
- - Myth: “there’s nothing you can do about CAPD.” Treatment includes school-based accommodations, environmental modifications, sound-blocking headphones, FM system, therapies, and hearing aids.
- - Able Kids Foundation makes an individualized “filter” for its clients based on evaluation data. This filter helps clients mediate background noise.
- - The “average” student with CAPD “hears” only 60% of what is said. With the filter provided by Able Kids Foundation, this level of understanding improves to 80%!

For more info about CAPD, visit our blog:

[“Huh? What did you say? – Auditory Processing Disorder Myths & Misconceptions”](#)



UPCOMING EVENTS

Family Resource Circus. Disability resources and services. September 19, 2024, 4-6 pm. 775 Yampa Ave., Craig, CO. Individual Matters will attend with a booth. If you're in the Craig/ Steamboat area, we'd love to meet you!

Why Neurodevelopment Matters in Therapy. For therapists and counselors who work with kids (ages 0-22). October 18, 2024, 8am-3pm. Individual Matters office, Grand Junction, CO. Part 1 of a series: "Is it Trauma, ASD, Anxiety, or Something Else?" [Register Here](#)

Also on our fall calendar: Several private trainings for companies and agencies. Topics include ADHD, executive functioning, and other neurodevelopmental disorders – *What are they? Why do they matter? And what to do about them?* Click [here](#) for more upcoming events.

Need a Training for Your Organization?

We can design an educational experience that meets your unique needs. Contact us to learn how the [IM Learning Institute](#) can support your business, school, or agency with an individualized training or workshop.

"Life starts all over again when it gets crisp in the fall."

-F. Scott Fitzgerald

Wishing you a month filled with peace, love, and happiness.



Dr. Katrina Katen
Clinical Psychologist



Andrew Katen
Executive Director



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2530 E. Foresight Circle
Grand Junction, CO 81505

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